



April's Newsletter.

Thought I'd not initially swamp you all with this month's racing calendar as it's rather full with not many free weekends - so I thought we'll start with a few congratulations and warm welcome's to our new members.

Congratulations:

- A great big well done has got to go to Amy Roberts for her outstanding achievement leading to her winning a stage race whilst out racing in Belgium. Truly inspirational.
- Well done to Sophie, Alex, Olivia, Neil and Paul for their success in completing their 50 mile sponsored ride on Friday 25th March. With all proceeds going towards a mini bus for Queen Elizabeth High – their efforts are gratefully appreciated.
- Well done to all those who raced at the Paramount Stan Jones circuit. This event was well attended and turned out to be a great start to the road racing session.
- Well done to all those who raced at the Iceland Track league. The final results have not been published as yet.
- Round 1 of the British MTB Series set off to strong and speedy start at Sherwood Pines on 26th March with Will coming in at 12th position in his truly inspirational cycling style. A pleasure to watch. Nicholas also did exceptionally well in his first national race being the first welsh juvenile rider home. On a personal note, a great big thank you to Will and Chris for all their support as this was a big event for Nick. An excellent example of club "team" support at its very best – Thank you.
- Well done to Paul for all his hard work organising the AGM – a necessary task that's sometimes not fully appreciated. The Minutes have been e-mailed to all.
- Well done to all those who kept St Peters square lit up for the world earth day. It was very difficult to get volunteers as a lot of members were away racing, so a great big

thank you to all who gave up valuable Saturday night time. Again very much appreciated.

- Not just on a cycling note – congratulations to Dan Colman who took part (together with Paul Colman and Claire) in the Pembrokeshire Duathlon on Sat 26th March and as I can see he was the first youth male to finish with exceptionally fast times in both the run and cycling stages. Not just a speed demon on the bike but also on his feet! Well done Dan. What you like at swimming?
- Finally, a great big thanks to Mike and Tony's efforts bringing together the new TRCC section as this appears to be developing well - which leads me into the new members.

If I have missed anyone out please let me know as its hard to keep up with everyone !!

New Members:

- A great big welcome to Matt Cross who will be riding for TRCC in the first of the National Youth races this weekend at Bristol.
- Welcome to Matt Blue, again a new member to TRCC who hopes to start racing this year. Watch this space!

Please may I remind all senior members to TRCC that there is a £10.00 membership subscription.

Club training sessions:

- Tuesday – Fixed wheel 6-8pm.
- Wednesday 6-8pm – an advancing session from the go race on Saturday, suitable for the younger riders. There will also be a road ride arranged although it is necessary that those participating in the road ride buddy up with a suitable partner (of similar cycling level).
- Thursday 6-8pm – a free wheel session – fast and hard and will not be suitable for the younger riders.
- Saturday morning 0930 – 1200 – the go ride session for beginners.

Please can all riders ensure that they become members of British Cycling as this is necessary element for any rider not just those wanting to race. Membership forms and renewal's available at the bike store. Those awaiting their membership cards, they do take some time to get to me but rest assured I post them out immediately when they arrive.

Coming up – event closing dates:

- April 9th – British Schools MTB. Entry at bsca.org.uk or contact Paul Warner – 07813693148
- 15th April – Angela Davies Memorial Road Race - Seniors (I think).
- 16th April – Hillingdon – National Youth Series.
- 28th April - Wolverhampton Track (national Midland League)
- 30th April – North West Region Youth Champs.
- 1st May – Newport National (Midland league) track.
- 2nd May – Newcastle National (Midland League) track. Send above two entries away before leaving for Isle of Man.
- 6th May – North West Tour – Blackpool. Entry on line.
- Online entry for the WMTB at xracer.com. Entry on the day available

Note: British Youth Road Champs at Bradford on the 24th July. Youth A and B entries filling fast so to secure a place on the start line, enter early (only places for 100 riders).

April's Events:

- Sunday 3rd April – Round 3 WMTB series at Coed-Y-Brenin – old visitor centre.
- Sunday 3rd April – National Youth Circuit also selection race at Bristol. No day entries. Also a selection race.
- Tuesday 5th April – Maindy Flyers “freewheel” league.
- **Sat 9th April – S4C at the track – all in full kit please.**
- Sunday 10th – Betty Pharaoh Memorial race – Bridgend - seniors only (I think).
- Sunday 10th April– Maindy Flyers single stage race (change of venue) now at Llandow. – Entry on website soon. Also a selection race.
- Tuesday 12th April – Maindy Flyers “freewheel” league.
- Sat / Sunday 16th / 17th April – British MTB series 2 at Dalby Forest.
- Thursday 21st April – Maindy Flyers Mini League fixed wheel.
- Friday 22nd April – Castle Coombe Easter Classic.
- Sat 23rd April – British Schools MTB.
- Sunday 24th – Angela Davies Memorial Race at Aberystwyth.
- Thursday 28th April – Maindy Flyers Mini league – fixed wheel.
- Friday 29th April – Isle of Man.
- Sat 7th May – North West Regional Youth Champs.

Sportives:

- 17th April – Brian Robinson Challenge Ride. Entries online at www.sientries.co.uk.
- 1st May – Velo Teifi – Preseli Angels.

There's always a lot to talk about so if I have forgotten anything just let me know.

The criteria for selection for Wales Team events based on:

- Attacking riding – ability to make repeated efforts.
- Bike handling– cornering skills etc.
- Finishing position.
- Tactical awareness.

Eligibility for selection – Youth A and B riders (born 95 – 98). The accumulation or average scoring points from all events will not be used for selection purposes.

Anyone wishing to add information into next month's newsletter please get it to me by middle of April. Happy cycling.

Lee (club secretary).